

An Introduction to the Activism and Work of Joanna Macy, Scholar of Buddhism and Ecology

**YouTube Videos:**

Leading in a Climate Changed World

<https://www.youtube.com/watch?v=QzvBCxdM1TQ&feature=youtu.be>

Sacred Ecology The Self as a Metaphor

<https://www.youtube.com/watch?v=mmM0vuuKKQM&feature=youtu.be>

Uncertainty

<https://www.youtube.com/watch?v=KcH4Byo7snU&feature=youtu.be>

The Truth Mandala

<https://www.youtube.com/watch?v=0Y5SyM1vYSA&feature=youtu.be>

The Shambala Warrior Prophecy

<https://www.youtube.com/watch?v=1fVqrFNIRAc&feature=youtu.be>

You Can Do This Work

<https://www.youtube.com/watch?v=V6APuqAHeTg&feature=youtu.be>

**GLOSSARY:**

Deep Ecology was coined in the 1972 by Norwegian philosopher, Arne Naess.

Deep Ecology questions the premises of what he termed the Industrial Growth Society.

The Ecological Self:

This term also coined by Arne Naess, central to Deep Ecology, meaning everything with which a person identifies as the self.

The Great Unraveling (which is not mentioned in this talk):

The current narrative regarding climate change from scientists, journalists and activists.

The Great Turning (which is mentioned in this talk):

is a response to the great unraveling involving the emergence of new and CREATIVE human responses that enable the transition from the Industrial Growth Society to a Life-Sustaining Society by joining together to act for the sake of all life on Earth.

**JOANNA MACY QUOTES:**

“One thing I love about the ecological self is that it makes moral exhortation irrelevant. Sermonizing is both boring and ineffective. This is pointed out by Arne Naess, explaining that we change the way we experience our self through an ever-widening process of identification. Borrowing from the Hindu tradition, he calls this process self-realization: a progression “where the self to be realized extends further and further beyond the separate ego and includes more and more of the phenomenal world.”

From Greening of the Self

“Our pain for the world reveals our true nature as one with the entirety of life. The one who knows that IS the bodhisattva...an enlightened being—and we’re all capable of it.”

From Greening of the Self

“Being fully present to fear, to gratitude, to all that is -this is the practice of mutual belonging. As living members of the living body of Earth, we are grounded in that kind of belonging. Even when faced with cataclysmic changes, nothing can ever separate us from the Earth.”

From A Wild Love for The World

**BOOKS:**

Coming back to life by Joanna Macy and Molly Brown

World as a lover, world is self by Joanna Macy

Active hope by Joanna Macy and Chris Johnstone

A Wild Love for the World by Joanna Macy

Greening of the Self by Joanna Macy

Other Authors:

This is Not a Drill: An Extinction Rebellion Handbook by Extinction Rebellion

Deep Adaptation: A Map for Navigating Climate Tragedy by Jem Bendell

Green Buddhism - Stephanie Kaza

Ecodharma - David Loy

Mindfully Facing Climate Change - Bhikkhu Analayo

Awake In The Wild - Mark Coleman

A Primer on The Climate Crisis - [oneearthsangha.org](http://oneearthsangha.org)

**Activism/Non Profits:**

Environmental Defense Fund

Sierra Club

Greenpeace

Founders Pledge

Extinction Rebellion - Charlotte Branch

Greta Thunberg - Facebook and Twitter

**Online Resources:**

Local:

Piedmont Land Conservancy  
Piedmontland.org

Piedmont Environmental Alliance  
Peanc.org

US and International:

[workthatreconnects.org](http://workthatreconnects.org)

[rockymountainecondharmacenter.org](http://rockymountainecondharmacenter.org)

International Network of Engaged Buddhists  
[inebnetwork.org](http://inebnetwork.org)

[oneearthsangha.org](http://oneearthsangha.org)

[spiritrock.org](http://spiritrock.org)

[ecobuddhism.org](http://ecobuddhism.org)

[ecodharma.com](http://ecodharma.com)

[impakter.com](http://impakter.com)

[jembendell.com](http://jembendell.com) and [deepadaptation.info](http://deepadaptation.info)

**ACTIVISM RECOMMENDATIONS: ( from Coming Back to Life )**

Documenting the negative effects of industrial growth to animal and human health and rights.

Exposing illegal and unconstitutional corporate and governmental practices.

Circulating petitions, writing letters to the editor into officials, writing articles, blogs and books and lobbying legislators.

Giving talks, showing films, tabling in public places, organizing study/action groups.

Visuals, marches and another demonstrations of protest.

Bringing legal actions against corporations and government agencies.

Divestment campaigns.

Boycotting and picketing institutions and businesses to protest unfair and dangerous practices.

Maintaining a long-term protest camp, such as climate camps in the UK.

Blockading construction of ecologically destructive and military installations.

Civil disobedience, including trespassing and symbolic sabotage on government or corporate property, tax resistance, refusing to move in order to do so.

Providing sanctuary to people in danger of unfair arrest.

Fasting and hunger strikes.

Providing shelter, food, clinics and legal assistance for people especially victimized by the industrial growth society.

Restorative Justice Programs